



SCHOOL TOUR

SEPT/OCT 2022
BOOKING NOW

As a piece of art, I was mesmerised" Darren Jeffries, Actor

Wired's fabulous production choreographed by Henri Oguike explores the **duality of mental health** and the instinct of fight and flight. Developed within a safeguarded framework, working with mental health activists, education experts and incredible performers and climbers. "I defy anyone not to connect with the messages and images we bring to life on stage, its a cultural experience that allows conversations to happen."

Wendy Hesketh-Ogilvie, Artistic Director, Wired Aerial Theatre

AUDIENCE FEEDBACK

- 94% the performance was very good quality
- 95% the whole experience was very good
- 93% it was memorable
- 96% enjoyed it



WORKSHOP PARTICIPANTS SAY

- 84% It felt like a real artistic experience
- 83% felt the workshops had something to say about the world in which we live
- 95% reported having a good time
- 94% said they were given a voice and their ideas were taken seriously
- 84% it made them feel more confident about doing new things
- 97% felt they were treated as an equal
- 87% it helped them to understand other people's point of view
- 69% it helped them see themselves differently



DETAILS:

12 MINUTE AERIAL PERFORMANCE BY WORLD-RENOWNED AERIAL DANCE THEATRE COMPANY
2. 5 HR WRAPAROUND WORKSHOP PACKAGE (AGE 11-18) PLUS OPTION OF TEACHER INSET
PERFORMANCE IN YOUR VENUE OR LOCAL TRAVEL TO ASSIGNED PERFORMANCE VENUE
CHANCE TO MEET THE COMPANY FOR A QUESTION/ ANSWER OPPORTUNITY

PERFORMANCE + WRAPAROUND WORKSHOPS

Pre show workshop explores **emotions and mental health through creative exercises/tasks** and talks about images created within the show which could suggest or symbolise an emotional response.

Post show workshop uses fun activities to explore the **five ways to wellbeing** as a strategy to manage personal mental health.

There is also a **teachers' inset session** which can be delivered to dance, drama, health and wellbeing and pastoral departments, offering a holistic approach to allow the whole school to access the ideas explored in the workshops.

It's great that we have got a piece of work that is happening in Liverpool, Wired are a home grown fantastic company who've worked all over the world and it is great to be a part of bringing this piece to Liverpool. It can go across the region. It is going to be fantastic!

Alicia Smith, Interim Divisional Manager for Arts, Heritage, Libraries and Participation, Culture Liverpool

The staff at Wired Aerial Theatre were wonderful. They filled our students with confidence, were approachable and created a fun and engaging atmosphere that allowed our students to open up and explore the topic of mental health. In a time where children's mental health has suffered so much, I cannot recommend Wired Aerial Theatre enough. Seeing our students work collaboratively, be inspired & smile was everything we could have asked for. Alongside this they developed skills and recognised ways to look after their own mental health. Thank you!"

A. Douglas, St Julies High School, Liverpool.

FOR MORE INFORMATION

Michaela Anders: Director of Learning and Participation

E: michaela@wiredaerialtheatre.com

T: 07952 976 570



Supported using public funding by
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