

An Introduction to Bungee-Assisted Dance **Workshop Technical Requirements:**

Due to the nature of this workshop there are some important technical requirements to consider:

The space must have considerable floor space (minimum 10m x 8m for seven stations), and a rigging height of 3.5m or above.

The ceiling must be rigable either with 'I beams', 'scaffold pipes' or other fixed (not swinging) metal structures capable of holding approx 100kg.

We require floor plans and technical dimensions of the space including structural plans in advance so that we can plot each bungee station.

There will be a get in period to allow the rigging of each station ready for the workshop to begin. This takes approximately 1½ hours for seven stations and proportionately less should there be fewer stations. This is usually performed on the morning of the workshop.

There needs to be access to the ceiling structure. This may simply mean a ladder or involve the use of a trolley or scaffolding tower.

If you require any further technical information then please contact Jamie directly on +44 (0) 787 674 7613.